

RICOTTA PASTRY

by Betty Hagman

A rich, flaky pastry crust especially good with fruit fillings. This makes a large recipe and can be halved for a single pie. Or, do as I do, and make a pie from half and use the other half in one of the kringles (pages 162-63).

- | | |
|---------------------------------------|---------------------------------------|
| 1 1/2 cups white rice flour | 1/2 cup ricotta cheese |
| 1/2 cup tapioca flour | 1/2 cup sour cream
(no substitute) |
| 1 teaspoon baking powder | |
| 1 teaspoon xanthan gum | |
| 1 cup (2 sticks) margarine,
melted | |

In a medium mixing bowl, sift together the flours, baking powder, and xanthan gum. Stir in the margarine and add the ricotta cheese

and sour cream. The mixture will look more like cooked cereal than pastry dough. Chill for at least 2 hours, or until the dough is firm and easy to handle.

Roll out the dough on rice-floured plastic for easy handling. I usually cover it with a second piece of plastic wrap so the dough doesn't stick to the rolling pin. To place in the pie tin, remove the top plastic and use the second to invert the dough into the pan. Shape before removing the plastic. Bake as directed for the filling used.

For a baked crust, prick the pastry with a fork on sides and bottom. Bake in a preheated 400° oven for about 25 minutes, or until the crust is flaky and lightly browned. Cool before filling. *Makes enough pastry for a 2-crust pie plus 1 extra crust or kringle.*

Melt Away Nut Cookies

Linda Monahan

- | | |
|---------------------------------|-------------------------------|
| 1/2 c. butter, no substitutes | 1 tsp. Xanthan or guar
gum |
| 3 tbsp. confectioners'
sugar | 1/2 c. chop walnuts |
| 1 c. gluten free flour mix | |

Cream butter with sugar in medium bowl. Gradually add flour. Stir in nuts. Chill at least 1 hour. Spoon dough into balls; roll in hand. Bake on ungreased cookie sheet at 350° for 20 minutes or until pale golden. Remove hot and when partially cool roll in additional confectioners' sugar.

From the Am. Celiac's Cookbook
Available through www.CeliacSupportGroup.com

or your local HealthFood Store.
\$16.95

recipe for stuffing

by Millie Delfino

2or 3 lbs of hamburg

2or 3 slices of gf bread toasted and soak with chicken broth for flavor

3 links of hot or sweet sausage (out of casing)

5 or 6 cloves of garlic chopped

1 or 2 med onions salt & pepper fresh parsley

Saute all of the above in pan add parsley last

this recipe can also be used for stuffed peppers.

Chocolate oatmeal bars

by Millie Delfino

1 cup butter, 1/2 cup sugar, 1 cup GF flour mix 1 cup GF Mc Cains

Irish Oatmeal 1/2 cup brown sugar 2 egg yolks 1 tsp xantham gum

Topping

6 - 1oz milk chocolate bars 2 tbs butter 1/2 cup chopped walnuts

Cream butter and sugars thoroughly. Beat in egg yolks. Add flour, xantham gum and oats. Mix well. Spread in greased and floured 9" X 13" pan.

Bake in 350' oven for 20 min. Cool for at least 10 min. Melt chocolate bars with butter. Spread over cooled bars. cut into 1 1/2 in squares and Enjoy

Cherry Cheese Tarts

By Millie Delfino

Bottom Crust

3/4 cup GF crumbs 1/4 cup melted butter

Mix butter and crumbs, put heaping te spoon in each baking cup press down with another baking cup.

Filling

1/4 cup sugar 1/2 lb cream cheese 1 te vanilla 1 egg

Beat cream cheese, egg, sugar & vanilla till creamy

Fill baking cup equal with the filling (app 1 tb) each.

Bake for 10 min 350 ' Makes 2 dozen tarts

5 equal packets = 1/4 cup sugar



untitled

Bake:350-43-45minutes
Grease a 13x9inch pan
one bowl method

Applesauce Spice Cake

2 1/2c- #2 gluten free flour mix(recipe from our seasoned recipe cookbook)
1 1/4c sugar
1 1/2 tsp.baking soda
1/4 tsp. salt
1/2 tsp.baking powder
3/4 tsp.cinnamon
1/2 tsp.ground cloves
1/2 tsp.ground allspice
1/2 c smartbalance margarine
1/2 c buttermilk
1 1/2 c mott's original applesauce
2 eggs
3/4 c chopped walnuts

Directions:Mix flour,sugar,baking soda,salt,baking powder,and spices into a large mixing bowl.Mix in 1/2 c margarine ,buttermilk,and applesauce.Beat 2 minutes on medium speed .Beat in eggs.Fold in 3/4 c chopped walnuts.Pour batter into a greased 13x9 pan.

Spiced Cream Cheese frosting

12 ounces original kraft cream cheese,softened
6 tablespoons of real butter
1 tsp.vanilla
1/4 tsp.cinnamon
1/4 tsp. ground ginger
pinch of nutmeg
2c confectioners sugar,sifted.

Directions:In large bowl,beat cream cheese and butter,until smooth.Beat in vanilla,and spices.On low speed,add confectioners sugar,and beat until blended.raise the speed to high,and beat until light and creamy,about 2 minutes.

By;Marlene



Scottish Shortbread Cookies

(from *Gluten-Free Baking* by Rebecca Reilly)

- 2 cups brown rice flour
- 1/2 cup almond flour
- 1/4 cup sweet rice flour
- 1/2 tsp xanthan gum
- 1/8 tsp salt
- 2 sticks unsalted butter, at room temperature
- 1/2 cup packed brown sugar
- 1 tsp gluten-free vanilla
- 2 Tbs heavy cream mixed with an egg yolk, for glazing cookies (optional)

Preheat the oven to 350 degrees F. Lightly grease a cookie sheet and line it with parchment paper. Mix together the brown rice flour, almond flour, sweet rice flour, xanthan gum, and salt. Cream the butter until white. Add the sugar and continue beating until fluffy, about 5 minutes. Add the vanilla. Stir in the dry ingredients. Keep mixing until you have a soft cookie dough.

For traditional shortbread cookies, divide the dough into 3 pieces. Lightly flour the counter with white rice flour. Roll the dough out into a 1/3 to 1/2 inch thick circle. Thicker cookies will be soft. Thinner cookies will be crisper. For a golden finish, brush the dough with the egg glaze. Using a



Gingerbread Men

(adapted from *Great Gingerbread* by Sara Perry)

- 1/2 cup vegetable shortening
- 2/3 cup firmly packed light or dark brown sugar
- 1/2 cup light or dark molasses
- 1 large egg
- 2 1/4 cups gluten-free flour
- 2 1/2 tsp xanthan gum

fork, pick the surface gently. Cut into wedges. Place the pieces on the cookie sheet 1 inch apart and bake for 12 to 20 minutes, depending upon the thickness. Transfer to a cooling rack.

Uncle Tony's Sugar Cookies

(from member Maria Alvarez)

Beat until smooth:

- 1/2 cup sugar
- 1/2 cup butter
- 1 egg yolk
- 3 Tbs milk

Sift:

- 1 1/2 cup gluten-free flour
- 1 tsp xanthan gum
- 1/2 tsp baking powder
- 1/8 tsp salt

Mix wet and dry ingredients, then refrigerate for 24 hours. Roll flat, cut out shapes. Bake at 350 degrees.

Sugar Cookie Frosting

Melt 2 tablespoons butter, add 4 tablespoons boiling water. Add confectioner's sugar, stirring constantly to avoid lumps, until desired consistency. Add 1/2 teaspoon vanilla, 1/8 teaspoon salt and coloring.

1/4 tsp baking soda

1/2 tsp salt

2 tsp ground ginger

1 tsp ground cinnamon

1/2 tsp ground cloves

1/4 tsp ground nutmeg

Raisins and nonmelting gluten-free candies for decorating

In a large bowl, beat the shortening and sugar with an electric mixer until light and fluffy. Beat in the molasses and egg until well blended. Gradually sift the dry ingredients into the molasses mixture and beat until blended. The dough will be sticky. Divide the dough into 4 balls, cover each ball with waxed paper or plastic wrap, and chill for at least 3 hours.

Preheat oven to 350 degrees F. Position a rack in the center of the oven. Line two baking sheets with parchment paper. Set aside. Roll out one of the chilled balls of dough 1/4 inch thick. Lightly dip a cookie cutter in gluten-free flour and press it straight down into the dough. With a spatula, gently transfer each cookie to the baking sheets.

Bake until the cookies are set, 8 to 10 minutes. Let the cookies rest on the sheets for 2 minutes before transferring to a wire rack to cool completely.

Gluten-Free Holidays

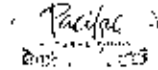


Gravies & Broths

Pacific Natural Foods

Pacific Foods of Oregon, Inc.
Tualatin, OR 97062
503 621-9666
www.pacificfoods.com

Go to www.pacificfoods.com for complete listing



Gravies:

- Natural Turkey
- Natural Chicken
- Natural Beef Flavored
- Natural Mushroom Gravy

Broths:

- Natural Free Range Chicken
- Organic Free Range Chicken

- Organic Low Sodium Chicken
- Organic Mushroom
- Beef Broth
- Organic Vegetable Broth

Gravy Master

www.gravy.com

Gravy Master Seasoning
and Browning Sauce



& for Dessert

Libby's/Nestle

800-854-0374

www.libbysbakings.com

via phone call

Gluten free pie mixes are all
"Gluten Free"



Nestle Hot Cocoa Mix All Flavors
EXCEPT:

Double Chocolate Meltdown
47oz and 60oz

Rich Chocolate Flavor - 60oz
Fat Free

Fat Free with Marshmallows

Nestle Hot Chocolate Syrup
Discontinued January 2007

Birds Eye Foods

www.birdseyefoods.com

via email

"Our Crustless & Wilderness pie
fillings are gluten free"

Turkey's
Sheew's brand
Shady Brook Farm brand
Butter Bell brand

No Broth Packets

Gluten-Free Over the Counter Medications

Cold & Flu

McNeil Pharmaceuticals

7050 Camp Hill Road
Fort Washington, PA 19034
1-877-895-3665

Children's Tylenol Suspension

Grape
Bubblegum
Cherry Blast
Strawberry

(Grape Splash, Bubblegum Yum and Very Berry Strawberry have NOT been tested for gluten)

Children's Tylenol Melt away

Grape Punch
Bubblegum Burst
Wacky Watermelon

Infant's Tylenol Drops

Cherry
Grape

Children's Tylenol Cold Suspension

Grape

Children's Tylenol Plus Cold Chewable

Tablets

Children's Tylenol Plus Cold and Cough

Chewable Tablets Cherry

Children's Tylenol Plus Cold and Cough Suspension

Cherry

Infant's Tylenol Drops Plus Cold

Children's Motrin Suspension

Grape
Berry
Bubblegum
Dye-Free

Children's Motrin Chewable

Grape
Orange

Infant's Motrin Drops

Infant's Motrin Drops Dye Free

Children's Motrin Cold Suspension

Berry
Grape
Dye Free

Motrin Cold & Sinus Caplets

Jr. Tylenol Melt ways

Grape punch
Bubblegum burst

Children's Mylanta Tablets Bubblegum

Infants Mylicon Drops Non-Staining

Motrin IB Caplets, Gel Caps, Tablets

Regular Strength Mylanta

Liquid Original Flavor Maximum Strength Mylanta

Liquid Original Flavor

Mylanta Ultra Tablets Cool Mint

Pepcid AC 10 mg Tablets

Imodium Advanced Chewable Tablets

Imodium AD Caplets

Johnson & Johnson/ McNeil Pharmaceuticals

1-800-524-2624

(Acquiring Pfizer)

Johnson & Johnson

Children's Benadryl D Allergy Chewable - grape flavor

Children's Benadryl Dye Free Allergy Liquid - Bubblegum

Children's Benadryl Allergy Liquid cherry

Children's Benadryl Allergy Fast melt-cherry

Children's Benadryl Allergy Quick Dissolve Strips

Cough Drops

Halls

Cadbury Adams, USA LLC
Parsippany, NJ 07054
(800) 524-2854

Via phone call

"All Halls cough

HALLS

Pfizer

Morris Plains, NJ 07950
1-888-474-3099


Sudated products for Children



PediaCare all products

Novartis

Summit, NJ 07901
1-800-452-0051

Via phone call  NOVARTIS

"All Triaminic over the counter products are gluten free."

Wyeth

1-800-882-3845

Verbal list received by phone

Wyeth

Children's Advil Suspensions

fruit
grape
blue raspberry

Infant's Advil Drops

fruit
grape

Advil Jr. Chewable Tablets

fruit
grape

The company considers them to be gluten-free and can certify that there is no gluten in the product and the product has not come into contact with any gluten, but does not test their products.

SCOT TUSSIN

www.scot-tussin.com

Original Multi-action Cold and Allergy
Expectorant - Cough
Cough Suppressant & Cold Relief

Alavert

Health Care Product Inc. LLC
Schering-Plough
Memphis, TN 38151
(800) 252-8378

Via phone call

"All Alavert are gluten free."

Chloraseptic

Prestige Brands
800-552-7932
www.chloraseptic.com

Via phone:

"All lozenges and all sprays are gluten free."

Claritin

1-800-252-7484
www.claritin.com

Via phone call

"No gluten in any Claritin product."



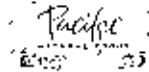
Gluten-Free Holidays

Gravies & Broths

Pacific Natural Foods

Pacific Foods of Oregon, Inc.
Hualapai, OR 97062
503 697-9666
www.pacificfoods.com

Go to special diets
for complete listing



Gravies:

- Natural Turkey
- Natural Chicken
- Natural Beef Flavored
- Natural Mushroom Gravy

Broths:

- Natural Free Range Chicken
- Organic Free Range Chicken

- Organic Low Sodium Chicken
- Organic Mushroom
- Beef Broth
- Organic Vegetable Broth

Gravy Master

www.gravy.com
Gravy Master Seasoning
and Browning Sauce



& for Dessert

Libby's/Nestle

800-854-0374
www.libbysbestbaking.com



Via phone call



Our pumpkin pie mix says "it's all
gluten-free!"

Nestle Hot Cocoa Mix All Flavors
EXCEPT:

Double Chocolate Meltdown
47oz and 60oz

Rich Chocolate Flavor - 60oz
Fat Free

Fat Free with Marshmallows

Nestle Hot Chocolate Syrup
Discontinued January 2007

Birds Eye Foods

www.birdseyefoods.com

via email

Our Cornstarch & White Dressing
fillings are gluten-free!

Turkey's

Shaw's brand
Shady Brook Farm brand
Butter Ball brand

No Broth Packets



Gluten-Free Candy List for Halloween



MasterFoods USA

(M&M Mints) Consumer Affairs
800 High Street
Hackensack, NJ 07640
(800-627-7652)



- All Skittles bite size candies
- All Starbu st products
- All M&M's (EXCEPT the blue package of crisps)
- All Milky Way products EXCEPT the Milky Way bar
- All Dove Chocolate products EXCEPT Milk and Dark Chocolate Covered Almonds, Dove organic, Dove Jewel rollup
- Munch Bars
- Snickers
- Snickers Dark Bars

Necco Candy

Revere, MA
781-485-1510
www.neccocandy.com

- Necco Wafers
- Mary Janes
- Mary Janes Peanut Butter Kisses
- Sweetheart Conversational Hearts (Vegan only)
- Canada Mint & Wintergreen Lozenges
- Hawland Thin Mints & Candy Stix
- Clark Bars
- Slybars
- Hawland Peppermint & Wintergreen Patties
- Necco Candy Eggs (Easter)
- Talking Pumpkins (Halloween)
- Squirrel Nut Caramels
- Squirrel Nut Zippers
- Banana Nut and Mint Juice Chew
- UTRAMENTS

Hershey Foods Corp

Consumer Relations Department
100 Crystal A Dr
Hershey, PA 17033
(800-468-1714)



Hershey cannot guarantee that their natural flavors are gluten free so they would not recommend eating Hershey Candy with natural flavors in the ingredients. Hershey is in the process of testing their products for gluten. The following have been tested and/or do not indicate gluten on the label.

- Milk Chocolate Hershey Kisses only
- Milk Chocolate Bar
- Milk Chocolate Bar with Almonds
- Payday
- Reese's Peanut Butter Cups
- Reese's Pieces
- York Peppermint Patties
- Heath Bar
- Mr Goodbar
- Jolly Ranchers hard candy and all pops

Nestle

Confections & Snack Division
P.O. Box 2125
Wilkes Barre, PA 18703
(800-258-6728)
nestlebaking@usa.support.com



- Nestle Baby Ruth
- Nestle Big-O-Honey
- Nestle Butterfinger (NOT including Butterfinger Crisp and Butterfinger Stix)
- Nestle Oh Henry!
- Nestle Milk Chocolate
- Nestle Goodbar
- Nestle Nips (regular and diet) (free)
- Nestle Treasures (not Tiramisu Bars)
- Nestle Sprée
- Nestle Kissets
- Nestle Sno-Caps

Seasonal Confections:

Valentines

- Milk Chocolate Hearts
- Milk Chocolate w/ Butterfinger Hearts
- Milk Chocolate w/ Butterfinger Tigger
- SweetARTS Lollipops
- Wonka Gobstopper Heartbreakers
- Wonka Runt's Hearts

Easter

- Baby Ruth Crème Egg
- Butterfinger (Nesreggs & Crème Eggs)
- Caramel Nesteggs
- Milk Chocolate Nesteggs
- Wonka Large Golden Egg (Milk Chocolate hollow egg with sweetARTS candy inside)
- Wonka Gobstoppers Eggbreakers

Christmas

- Wonka Gobstopper (Snowballs, Candy Canes)
- Wonka Chocolate Candy Canes
- Nestle Sprée Candy Canes
- Wonka SweetARTS Candy Canes
- Nestle Toll House Gems
- Wonka Runt's Freckled Eggs

Wonka Products

- Wonka Bottlecaps
- Wonka Gobstoppers (Chewy and Original)
- Wonka Laffy Taffy (Laffy Taffy Rope & Fruitart's Chews)
- Wonka Lk-M-Aid Fun Dip
- Wonka Mx Ups
- Wonka Pixy Stix
- Wonka Runt's (Chewy & Original)
- Wonka Snickers
- Wonka SweetARTS
- Wonka Nerds (Nerd Rope & Nerd gumball)

Tootsie Roll Industries

Chicago, IL 60629

(773-838-3400)

www.tootsie.com



Via FAQ page "at this time, all of our confections are gluten free."

Tootsie Rolls

Fruit Rolls

Frooties

Dots

Tropical Dots

Crows

WildBerry Dots

Cella's Milk Chocolate Covered Cherries

Cella's Dark Chocolate Covered Cherries

Junior Mints

Charleston Chew

Junior Caramels

Tootsie Pops

Tootsie Peppermint Pops

Caramel Apple Pops

Fruit Smoothie Pops

Tropical Stormz Pops

Child's Play



CHARMS COMPANY

(A division of Tootsie Roll)



Blow Pops/Super Blow Pops

Charm Pops

Zip-A-Dee Mini Pops

Fluffy Stuff Cotton Candy

Sugar Daddy Pops

Sugar Mama Caramels

Charms Squares

Charms Sour Balls

Charms Candy Carnival

Pops Galore

Andes Mints

Sugar Babies

Concord Confections

(A division of Tootsie Roll)

All Concord Confections

JUST BORN, Inc.

Consumer Affairs

(1-888-645-3453)

www.justborn.com



QUALITY CONFECTIONS

All products EXCEPT for the Peep inside the Crispy chocolate egg which was discontinued last year. It could possibly be past date on some shelves.

Year Round Candies

MIKE & IKE

Original Fruits

Tropical Typhoon

Berry Blast

Jolly Joes-Grape

Tangy Twister

HOT TAMALES

Original Hot Tamales

Hot Tamales Fire

ZOURS

Original Fruitz

Punch Fruitz

TEENIE BEANEE

Jelly Beans

PEANUT CHEWS

VALENTINES DAY

Strawberry and Vanilla Crème Flavored

MARSHMALLOW PEEPS Hearts

Non-flavored Hearts

HALLOWEEN

MARSHMALLOW PEEPS Pumpkin,

Spooky Cats and Ghosts

MARSHMALLOW PEEPS Cocoa Cats

Snack Pack and Variety Pack Bags +

MIKE AND IKE, HOT TAMALES, AND

ZOURS

CHRISTMAS

MARSHMALLOW PEEPS Christmas

Trees and Snowmen

Holiday Cookie Flavored

MARSHMALLOW PEEPS Cutouts

Topps

401 York Ave.

Dayra, PA 18642

(800-489-9149)



Via email "all Topps candies are gluten free."

Ring Pops

Push Pops

Juicy Bugs

Juicy Drop Chews

Big Mouth Candy Spray

Flip & Dip Push Pop

Baby Bottle Pops

Lindt

Via Email

"Unfortunately, at this time we cannot guarantee that Lindt Chocolate is gluten free."

Wrigley

Chicago, IL

1-800 - Wrigley

www.wrigley.com

FAQ



The following is a list of U.S. Wrigley products that remain free of any wheat, oat, rye or barley gluten:

Wrigley's Spearmint® gum

Freudent® gum

Doublemint® gum,

Extra® gum

Big Red® gum

Eclipse® gum

Juicy Fruit® gum

Winterfresh® gum

Orbit® gum

Orbit® white gum

Hubba Bubba® gum

Altoid® Sours

Altoid® Mints

Altoids® gum

Lifesavers®

Creamsavers®

WalMart

Gluten free on label

WAL*MART

Great Value Brand

Gummy Worms

Gummy Bears

Spice drops

Orange Slice

Sour Gummy Worm

Candy Corn



Haribo

www.haribo.com

FAQ

HARIBO

Most Haribo products are gluten free. The following are NOT: Black Licorice Wheels, Red Licorice Wheels., Sour S'ghetti, Fruity Pasta, Pico Balla, Allsorts, and Pontefract cakes.

For all other gluten free products see website.

Spangler Candy Company

www.spanglercandy.com

Dum Dum Pops

Saf-T-Pops

Swirl Saf-T-Pops

Marshmallow Treats

Candy Canes

Dum Dum Canes

Dum Dum Cherry Pops

Spangler

Gluten-Free Over the Counter Medications

Cold & Flu

McNeil Pharmaceuticals

7050 Camp Hill Road
Fort Washington, PA 19034
1-877-895-3665

Children's Tylenol Suspension

Grape
Bubblegum
Cherry Blast
Strawberry

(Grape Splash, Bubblegum Yum and Very Berry Strawberry have NOT been tested for gluten)

Children's Tylenol Melt away

Grape Punch
Bubblegum Burst
Wacky Watermelon

Infant's Tylenol Drops

Cherry
Grape

Children's Tylenol Cold Suspension

Grape

Children's Tylenol Plus Cold Chewable

Tablets

Children's Tylenol Plus Cold and Cough

Chewable Tablets Cherry

Children's Tylenol Plus Cold and Cough Suspension

Cherry

Infant's Tylenol Drops Plus Cold

Children's Motrin Suspension

Grape
Berry
Bubblegum
Dye-free

Children's Motrin Chewable

Grape
Orange

Infant's Motrin Drops

Infant's Motrin Drops Dye Free

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Grape
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Infants Mylicon Drops Non-Staining

Motrin IB Caplets, Gel Caps, Tablets

Regular Strength Mylanta

Liquid Original Flavor Maximum Strength Mylanta

Liquid Original Flavor

Mylanta Ultra Tablets Cool Mint

Pepcid AC 10 mg Tablets

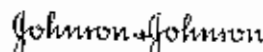
Imodium Advanced Chewable Tablets

Imodium AD Caplets

Johnson & Johnson/ McNeil Pharmaceuticals

1-800-524-2624

(Acquiring
Pfizer)



Children's Benadryl D Allergy Chewable - grape flavor

Children's Benadryl Dye Free Allergy Liquid - Bubblegum

Children's Benadryl Allergy Liquid cherry

Children's Benadryl Allergy Fast melt-cherry

Children's Benadryl Allergy Quick Dissolve Strips

Pfizer

Morris Plains, NJ 07950
1-888-474-3099

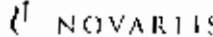
Stulated products for Children



PediaCare all products

Novartis

Summit, NJ 07901
1-800-452-0051

Via phone call  NOVARTIS

"All Triaminic over the counter products are gluten free."

Wyeth

1-800-882-3845

Verbal list received by phone



Children's Advil Suspensions

fruit
grape
blue raspberry

Infant's Advil Drops

fruit
grape

Advil Jr. Chewable Tablets

fruit
grape

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SCOT-TUSSIN

www.scot-tussin.com

Original Multi-action Cold and Allergy
Expectorant - Cough
Cough Suppressant & Cold Relief

Alavert

Health Care Product Inc. LLC
Schering-Plough
Memphis, TN 38151
(800) 252-8378

Via phone call

"All Alavert are gluten free."

Chloraseptic

Prestige Brands
800-552-7932
www.chloraseptic.com

Via phone:

"All lozenges and all sprays are gluten free."

Claritin

1-800-252-7484

www.claritin.com

Via phone call

"No gluten in any Claritin product."

Cough Drops

Halls

Cadbury Adams, USA LLC
Parsippany, NJ 07054
(800) 524-2854

Via phone call

"All Halls cough

